



The Dean's Message

Hello alumni and friends of the College of Health Sciences! As some of you may know, after many years of dedicated service, Dr. Lindsay Rettie decided to return to the faculty so that she could focus on teaching and have more time to enjoy her family, especially the grandchildren!

I came on board last July and have had a busy and exciting year getting to know the faculty and programs in the College. It has been a pleasure to work with such an innovative, creative and dedicated group of faculty, students and staff. As you can see from the information included throughout this newsletter, excellence in teaching, scholarship, and service abounds. This past year, I have been working with the Chair's Council and faculty to develop a Strategic Plan for 2001–2005 that is in concert with the University Plan but specific to the College and its mission.

The mission was revised as follows:

The College of Health Sciences will provide leadership in healthcare by offering excellent educational experiences in a quality learning environment to facilitate the development of competent, caring health professionals; by generating knowledge through inquiry or discovery; and by engaging in lifelong learning, professional and community service.

Core values include:

- Respect for all
- Life-long Learning
- Quality Programs
- Collaboration
- Teamwork
- Innovation
- Diversity
- Ethical Behavior
- Student Centered



Cheryl T. Samuels, Dean

Goals, action steps, and measurable outcomes under each of the three strategic initiatives of learning, discovery, and engagement provide direction for the next four years. This document will be finalized over the summer and available on the College website in Fall 2001. In addition in the fall, I will convene a College Advisory Board composed of community leaders, alumni, faculty, and student representatives.

Also please let me take this opportunity to thank you for your support during the Annual Giving Campaign. Your support has become increasingly more important to our students and programs with the decreasing support provided by the Commonwealth of Virginia. Again, our thanks.

Enjoy this, our first HealthLink. Also, please let us know about you so that you, our alumni, can be recognized. Do let us hear from you.

Welcome to the first edition of HealthLink, a newsletter from the College of Health Sciences at Old Dominion University. Just as our College logo reflects the "interconnectedness" of our programs, HealthLink features activities of our students, faculty, and programs which "interlock" like puzzle pieces to reflect the mission and goals of the College. These activities highlight our efforts and commitment to develop and nurture our "linkages" with healthcare professionals, delivery systems, the community, our alumni, and donors.

We hope you enjoy reading about our activities, remembering faculty and students in your classes, and linking with us to plan for the future. As we plan our next issue, we welcome your comments & suggestions for this publication.

Shirley P. Glover
Associate Dean

[Email: sglover@odu.edu]

Phi Kappa Phi Faculty Inductees

Over 240 students and faculty were inducted at the April 25th Induction Ceremony. The College of Health Sciences faculty inductees included Dr. Colin Box, Ms. Faye Coleman, Ms. Micah Scott, and Dr. Tom Somma. Faculty must be nominated and pass a peer review committee before being accepted for membership into Phi Kappa Phi, the University's interdisciplinary honor society.



New School of Community & Environmental Health

Approved
by the
Board of
Visitors
Effective
July 1, 2001

This restructuring creates a new School of Community and Environmental Health, which combines programs and faculty offering the same majors in the areas of community and environmental health. In addition, the restructuring provides an academic home for two programs previously housed in the Dean's Office, the Bachelor of Science in Health Sciences and the Master of Public Health (joint program with EVMS).

Three schools are renamed as follows: the School of Physical Therapy (formerly Community Health Professions and Physical Therapy); the School of Medical Laboratory and Radiation Sciences (formerly Medical Laboratory Sciences and Environmental Health); and the Gene W. Hirschfeld School of Dental Hygiene (formerly included Dental Assisting). The School of Nursing remains unchanged.

Alpha Eta News

The Alpha Eta Society honored this year's inductees at a luncheon during National Allied Health Week. President Lynn Tolle-Watts presided over the induction ceremony for Joyce Cherry, Health Sciences; Pam Cannady, Dental Hygiene; Vivien Cervantes, Dental Hygiene; Joanne Shea, Nuclear Medicine; Gillian Laliberte, Environmental Health; Christina Smith, Physical Therapy; Robyn O'Connor, Physical Therapy; and Gip Winecoff, Environmental Health. Faculty inductees included: Cheryl Samuels, Dean, Beth Ernst, Assistant Professor of Physical Therapy, and Tracy Harrison, Assistant Professor of Medical Technology.

The Alpha Eta Society is the national scholastic honor society for the allied health professions. Chapters are established at institutions of higher education with officially designated allied health units offering three or more allied health programs. Members must be candidates for an associate's, baccalaureate, or graduate degree, or for post-degree certificates in an allied health program, faculty in allied health programs, or alumni of an allied health program. Undergraduates are required to have at least a 3.5 grade point average, while graduates are required to have at least a 3.8.

Student Spotlight

Jennie Matthews, a 2001 Magna Cum Laude graduate of the Cytotechnology program, was named the First ROTC Region winner of the Pallas Athene Award. The award, which is sponsored by the Women's Army Corps Veteran's Association, is awarded annually to the outstanding female in each region. The First ROTC Region includes 101 colleges and universities in the Eastern United States.

Matthews also received the Legion of Valor Bronze Cross for Achievement and was 1st Runner-up for the Kaufman Prize Award. She has also been awarded two Army Achievement Medals, the Army Commendation Medal, and a four-year Green to Gold ROTC scholarship, along with an honorable discharge from the Army, which allowed her to attend college as an Army ROTC cadet. She is a member of Golden Key National Honor Society, the National Society of Scabbard and Blade, Phi Kappa Phi Honor Society and Who's Who in American Colleges and Universities.

She was an active leader on campus, overseeing and mentoring the Cadet peer tutoring program in anatomy, physiology, and statistics. She also volunteered her services as an usher at Freshman Convocation, NATO Symposium, Graduation, and Commissioning, and as a Color Guard for athletic events.

Matthews also volunteered considerable amounts of her time to organizations such as Big Brothers and Big Sisters, Habitat for Humanity, Southeastern Food Bank, Newport News Battered Women's Shelter, and the American Cancer Society. Matthews lives in Virginia Beach with her husband, Farod, and her six year-old son, Antonio.



Alumni Link

Second Annual Homecoming

Dedication of the Dental Hygiene Clinic

On February 17th, over 100 alumni joined faculty and university administrators in celebrating the renovation of the on-campus dental hygiene clinic. The dental hygiene students provide oral screenings, cleanings and other preventive oral healthcare services to over a thousand students, faculty and community clients at the clinic each year. With the new equipment and remodeled facility, we can offer better service and enhance the clinical education program.

Ribbon cutting celebration of Clinic Remodeling – University President James V. Koch and College of Health Sciences Dean Cheryl Samuels with Dental Hygiene student Courtney Primm



On January 27, 2001, the College of Health Sciences sponsored “A Vegetarian Odyssey” luncheon & lecture. Conducted by nutritionist and health promotion consultant, Lynne Earle-Cookson, MPH, RD, CDE, the lecture focused on the benefits and challenges of a vegetarian diet. The guests sampled a wonderful variety of vegetarian foods. Other events for the weekend included basketball games for both the men’s and women’s teams, tours of the campus, special lectures, a parade and a dance.

Alums in the News

Rona P. Altschuler, a 1975 graduate of the Dental Hygiene program, was named the 2000 Daily Press Citizen of the Year. This award includes a \$1,000 contributions to the charity of her choice.

Ms. Altschuler serves as chairman of the annual Peninsula Relay for Life which under her leadership has raised \$2.3 million.

Korean Alumni Association

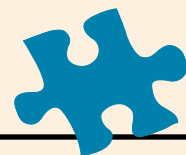
Dr. Laurel Garzon, Associate Professor of Nursing, represented the College at the first meeting of Korean Alumni Association held this Spring at Yonsei University in Seoul, Korea. Over thirty alumni and family members attended this successful meeting.

Donor Link

A Special Thanks to You, Our Donors

- Ms. Carole M. Aguiar
- Ms. Shirley Baird
- Ms. Deborah Brown Bousman
- Ms. Sandra L. Breeden
- Ms. Shirley P. Glover
- Dr. Clare W. Houseman
- Mrs. Mary G. Mangus
- Dr. Lindsay L. Rettie
- Dr. Cheryl Samuels
- Ms. Heidi B. Spagnuolo
- Ms. Loretta D. Spoltore

*Donors from January–December 2000 for the College. School donors will be acknowledged in the Fall Newsletter.





Faculty & Staff Link

Doctoral Degrees Awarded

Scott Sechrist, Associate Professor in Medical Laboratory and Radiation Sciences, earned his Doctorate of Education in Higher Education Administration from the College of William & Mary.

Deanne Shuman, Chair and Professor of Dental Hygiene, earned her Doctorate of Philosophy in Urban Services from Old Dominion University.

Promotions

Ms. Anne Campbell, Ms. Cindy Little and Ms. Lynn Wiles were promoted to Senior Lecturers in Nursing.

Dr. Stacey Plichta received tenure status and promotion to Associate Professor in Community Health Professions.

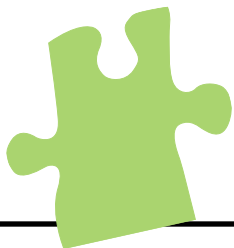
Ms. Shirley Glover was promoted to Associate Dean.

Ms. Michele Zimmerman was awarded Professor Emeritus of Nursing.

Publications

Dr. William Luttrell, adjunct faculty in Environmental Health, published a chapter — “Occupational Toxicology” — in *Compendium of Industrial Hygiene Practice* and a book, *Glossary of Occupational Hygiene Terms*.

Dr. Eileen Mason, Associate Professor in Environmental Health, has two articles accepted for publication in *Chemical Health and Safety* — “Process Safety Management, Part I” and “Process Safety Management, Part II.”



Awards & Recognition

College of Health Science Awards

Excellence in Teaching Award

Ms. Cindy Little, Senior Lecturer, Nursing

Gene W. Hirschfeld Teaching Award

Dr. Mable Smith, Associate Professor, Nursing

Research Awards

Dr. Stacey Plichta, Associate Professor,
Community Health Professions

Ms. Michele Darby, Professor & Eminent Scholar,
Dental Hygiene

Ms. Heather Balombiny, Graduate Student,
Physical Therapy

Continuing Education Award

Ms. Evelyn Thomson, Senior Lecturer, Dental Hygiene

Other Awards

Dr. Colin Box, Associate Professor in Community Health, received the Shewfelt Award from Alberta College in Canada which recognizes significant contributions in Medicine and Science.

Beth Ernst, Assistant Professor in Physical Therapy, was recognized at the American Physical Therapy Association’s meeting in San Antonio for passing the clinical specialist exam in orthopedic physical therapy (OPT).

Ms. Elizabeth Giles, Senior Lecturer in Physical Therapy, received the Barbara Jordan Community Service Award for Outstanding Leadership in community activities presented by the Hugo A. Owens African American Cultural Center at Old Dominion University.

Ms. Sue Parker, Administration & Program Specialist III in the School of Nursing, received the 2000 Old Dominion University Customer Service Award. This prestigious award recognizes one individual from the entire University for their outstanding attention to customer service. Candidates are nominated by their colleagues and the nomination packets are reviewed by a university committee.

Dr. Mable Smith, Associate Professor in Nursing, was selected by President Koch as the 2000 Presidential Intern. Her internship allowed her to “shadow” the President for a semester to learn more about his duties and responsibilities.

The School of Nursing received the Weekend College Award, which recognizes excellence in teaching and creativity in curriculum design to serve a “weekend” student population.

Community Service Link

Hispanic Health Conference

Dental hygiene faculty members Kelly Murphree and Lynn Tolle Watts participated in this annual event sponsored by the Hispanic Association of Virginia Beach.

Grant Application for the Chesapeake Care Free Clinic

Dr. Laurel Garzon submitted a proposal to the National Association of Pediatric Nurse Associates and Practitioners for funding of a Child Injury Prevention Program and Curriculum at the Chesapeake Care Free Clinic.

Healthcare Workforce Development Initiative

Dean Cheryl Samuels and Associate Dean Shirley Glover are serving on a committee of hospital administrators and educators who are discussing the issues and investigating creative ways to address recruitment, retention, and employment of health care professionals.

"Have A Heart" Oral Screenings

On February 21st, the dental hygiene students and faculty offered free oral healthcare screenings and preventive education information to over 40 clients from the local community.

Tangier Island Health Fair

Faculty members Irene Connolly from dental hygiene and Gail Grissetti from physical therapy participated in this annual program to provide assessments and preventive education screening for the residents of Tangier Island.

Medical Technology Blood Drive

The Medical Technology faculty and students sponsored a campus blood drive on March 20th to help the American Red Cross increase the supply of donated blood for the Hampton Roads area. Over 80 people volunteered to give blood.

Professional Service

Ms. Elizabeth Giles, Senior Lecturer in Physical Therapy, chairs the Public Relations Committee for Phi Kappa Phi at Old Dominion University.

Dr. Lindsay L. Rettie, Professor in Community Health is serving as the local chair for the Association of School of Allied Health Professionals (ASAHP) annual meeting to be held in Norfolk, Fall 2001.

Ms. Shirley P. Glover, Associate Dean, serves as the Virginia State Coordinator for the American Council on Education (ACE), Office of Women in Higher Education's National Network. She also chaired the December meeting of women administrators in Virginia hosted by President Koch, and presented at the ACE Conference in February.

Dr. Cheryl Samuels, Dean, serves on the Editorial Board for *The Journal of Allied Health* and was elected to a second term on the ASAHP Board of Directors. She also served as Chair of the Program Planning Committee for the World Congress III for Health Professions held in Puerto Rico, March 2001.

Dr. Tom Somma, Associate Professor in Medical Laboratory Sciences serves on the Board of *The Journal of Managed Care*.

Farewell and Best Wishes

Dr. Margaret Armstrong, Lecturer in Nursing, is retiring.

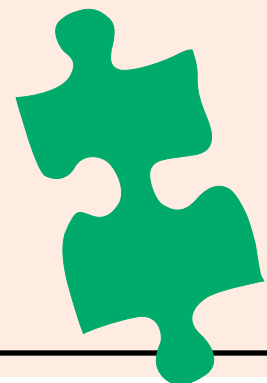
Dr. Wendy Biddle, Assistant Professor in Nursing, is returning to private practice.

Ms. Millie Jones, Computer Support Technician in Nursing, is transferring to the Office of Computer Services.

Dr. Eileen Mason, Assistant Professor in Environmental Health, accepted a faculty position at Murray State University in Kentucky.

Ms. Faye Simms, Senior Lecturer in Nursing, is retiring.

Ms. Michele Zimmerman, Associate Professor in Nursing, is retiring.



Continuing Education Link

NEW DIRECTOR

NEW NAME

SAME QUALITY PROGRAMMING

The last seven months have been exciting for me as I took on the challenge of Director of Continuing Education (CE) in the College of Health Sciences. We have continued to be successful in many different areas of programming including Dental Hygiene, Environmental Health, Massage Therapy and conference planning. Continuing with this tradition of success, we are adding new programming this summer and fall.

This summer, Cytology Seminar at the Beach will begin promoting CE among the Medical Laboratory Professionals. In Nursing, we are joining efforts with area hospitals to offer an RN Refresher Course, available to licensed RNs, who've been out of practice. The area hospitals are offering their facilities and preceptors for clinical sites. A committee led by Karen Karlowitz, Director of the Undergraduate Nursing Program, is developing the curriculum.

Another exciting workshop, Massage for Caregivers, is a one day program designed for professionals or family caregivers for people with health limitations and chronic pain. We are offering this workshop in June and July.

Coming in 2001-2002, we will offer continuing education for Physical Therapists. So be on the look out for upcoming events. If you have any suggestions for programming in your area of expertise, please do not hesitate to call (757-683-4256). We look forward to serving the educational needs of healthcare professionals.

Amanda Damron
Director

International Link

Africa — Dr. Cheryl Samuels, Dean, represented Old Dominion University and the College at a three day USAID funded symposium in Nairobi, Kenya to expand partnerships and exchange opportunities among institutions of higher education in the United States and Africa.

Australia — The School of Nursing hosted Dr. Stuart Hase, visiting scholar from Australia.

Azores — Ms. Colleen Becker and Ms. Vicki Harlow, continuing education faculty, conducted four weeks of environmental regulations training for personnel at the Azores Air Force Base.

England — Dean Cheryl Samuels visited Middlesex University, The University of London, The Florence Nightengale School of Nursing and Midwifery at King's College, and The School of Health Care at Oxford-Brooks University. Discussions with colleagues at these institutions revealed similarities in programs and an opportunity to develop faculty/student exchanges, new courses, and collaborative research projects to enhance our international focus.

Germany — Ms. Kelly Murphee, Assistant Professor in Dental Hygiene, accompanied dental hygiene students Jill Dengerud, Candace Hunt, Vicki Kielman, Elizabeth Southern and Eric West who received the Dean's Education Abroad Award to fund two weeks of study on dental hygiene practice in Kiel, Germany.

Korea — Dr Laurel Garzon, Nursing Graduate Program Director, traveled to Seoul and Taegu to visit Yongham University, Yonsei University and Ewha Woman's University and to explore opportunities for collaborative educational activities. She also participated in the STUDY USA FAIR which attracted 35,000 students/family members who want to study in the U.S. The Fulbright office also provided opportunities to discuss educational needs and faculty exchanges with the Directors of International Programs and the Deans of Health related programs.

Switzerland — Ms. Michele Darby, Professor and Eminent Scholar in Dental Hygiene, presented "The Dental Hygienist & Research" and "Can At Risk Patients be Maintained?" in Geneva, Switzerland.

You can help solve the healthcare personnel shortage!

Send a student our way.

Call Sandra Breeden, College Advisor at 757-683-5137 to discuss career interests and educational opportunities. Complete and return this form and we'll send information on programs and open houses.

Student Name _____

Address _____

Phone # () _____ Email Address _____

Your Name _____

Phone # () _____

Return to Sandra Breeden, College of Health Sciences, 203 Spong Hall, Old Dominion University, Norfolk, VA 23529

Research Link

Dental Hygiene Research Center

Three graduate students in the School of Dental Hygiene are entering various stages of their research projects.

Hui Zhou, under the direction of Gayle McCombs, has completed a pilot study on the connection between volatile sulfide compounds and gingival health status, and the identification of the volatile sulfide level at which gingivitis occurs. Her study, *"Sulphur By-Product: A Potential Indicator of Disease Activity,"* collected data from 12 subjects with healthy gingival status, using a split-mouth design that employed the mandibular arch. Zhou's study has already received funding for follow-up work.

Michelle Bopp's hospital-based study, *"Effect of Daily Oral Hygiene Care on Oropharyngeal Colonization and Subsequent Development of Nosocomial Pneumonia in Intubated Patients,"* is an inquiry to determine if a statistically significant difference exists between nosocomial pneumonia rates for intubated patients in critical care who receive daily oral hygiene care and those who do not receive any care. She is under the direction of Michele Darby, and in collaboration with Dr. Karin Loftin, Medical Technology and Sharon Broschious of Christopher Newport University.

Jennifer Dunning, under the direction of Michele Darby, will study the effects of long-term ultrasonic noise exposure via the dental office environment on dental hygienists' hearing status. Her study, *"The Effect of Occupational Ultrasonic Noise Exposure on Hearing Deficits in Dental Hygienists,"* will categorize consenting registered dental hygienists in the Hampton Roads area into two groups according to ultrasonic scaler usage rate, age, length of time using the ultrasonic scaler, and history of hearing loss problems.

Gayle McCombs, Assistant Professor of Dental Hygiene, is Old Dominion University's lead researcher in the clinical trials of a new periodontal probe. The probe uses ultrasound technology instead of the traditional manual probe to determine the depth of the pocket around a tooth.

Assisting McCombs in the preliminary clinical trials were Michelle Bopp, a graduate student; Margaret Green, a private practitioner; Ted Lynch, from William and Mary; and Adam Friedman of Visual Programs.

John Companion began development of the probe at NASA Langley in 1992.

He later became a College of William and Mary researcher based at Old Dominion's Applied Research Center.

Research Day

The College of Health Sciences' annual Research Day was held on March 21st. Events included a book fair, poster viewing, research presentations by students and faculty, and speakers. Faculty members and students received awards for best poster or platform presentation.

Stacey B. Plichta, Associate Professor of Community Health Professions, was recognized as the best faculty platform presenter for *"Violence Across the Lifespan: Effects on Health and Access to Care in U.S. Women."*

Plichta's research indicated that women who suffered some form of abuse, particularly intimate sexual violence, were more likely to suffer from poor physical and mental health.

Michele Darby, University Professor and Eminent Scholar of Dental Hygiene, was awarded the best faculty poster for *"The Effectiveness of Distance Education Strategies on Student Achievement in a Multidisciplinary Research Methods Course."* The research evaluated two sections of her research methods course taught via TELETECHNET and found that off-site students did not do as well.

Heather Balombiny, a graduate student in physical therapy, received the best student poster award for *"The Effect of Variable Durations of Warm-Up on the Performance of Motor Tasks."* She conducted her research with alumni, David Grant, Jason Nachazel and Derek Rosa and their faculty advisor Michael Tamburello, Assistant Professor of Physical Therapy. Their research on 11 male subjects indicated that a five-minute warm-up can significantly improve physical performance.

Kathy Slawson was also honored for her research on characterizing Coast Guard personnel exposures to welding fumes during inspections of ships at a medium-sized shipyard. She was awarded the research award for the best industrial hygiene poster by the Tidewater American Industrial Hygiene Association.

Student Link

Academic Awards

Ms. Betty Ahern scored highest in the nation on the ASCP "micro" examination. Her score of 820 was nearly twice the national average mean of 418.

Ms. Laura Alley and Sharla Mathews received the School of Nursing Undergraduate Academic Achievement Award.

Ms. Glenda B. Arrington received the G.W. Hirschfeld Excellence in Dental Hygiene Award.

Ms. Diane Barnyard received the Outstanding Academic Student Award In Physical Therapy.

Ms. Stephanie Brandt received the Medical Technology "Student of the Year" Award.

Ms. Joyce Kay Cherry received the Outstanding Student in Bachelor of Science in Health Sciences Award.

Ms. Donna DeLoach received the Helen Yura-Petro Award for Excellence in Nursing.

Ms. Judith Harris received the School of Nursing Undergraduate Academic Achievement for Weekend Program Award.

Ms. Melissa K. Kanz received the Gene W. Hirschfeld School of Dental Hygiene Undergraduate Academic Achievement Award.

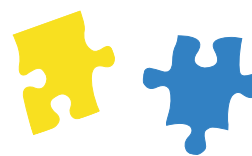
Ms. Gillian LaLiberte received the Environmental Health "Student of the Year" Award, as well as the College of Health Sciences Academic Excellence Award and the Alumni Associations' Academic Scholars Award.

Ms. Jennie Matthews received the Cytotechnology "Student of the Year" Award and the Army ROTC Valor Bronze Cross for Achievement and she was 1st runner-up for the Kaufman Honors Award.

Ms. Yolanda Moore and Ms. Aleksandra Pavolotskaya, graduate students in Dental Hygiene, received the President's Assistance Award, which provides \$5000 for an assistantship.

Ms. Joanne Shea received the Outstanding Student in Nuclear Medicine Technology Award and was elected President of Alpha Eta.

Upcoming Events



August

- 23 College Fall Faculty Meeting
- 24 Orientation for COHS FELLOWS
- 30 COHS Welcome Back Picnic (12–2PM)

September

- RN Refresher Course
- 21 Chemical Dependency Counseling Certificate Program (September–April) Environmental Health Training Courses
- 25 Therapeutic Massage Certificate Open House

October

- 5 Health Care Management Certificate Program
- 20 Therapeutic Massage Certificate Program Open House
- 10-14 Association of Schools of Allied Health Professions Annual Conference (Marriott Hotel, Norfolk)
- 11 Old Dominion University Founders Day
- 20 Old Dominion University Open House (9AM–2PM)
- 31 Recruitment Visit to Tidewater Community College, Virginia Beach Campus (12–2PM)

November

- 4-10 National Allied Health Week
- 6 Therapeutic Massage Certificate Program Open House
- 8 Alpha Eta Induction Luncheon
- 10 Old Dominion University Open House

December

- 1 Return to College Open House (10AM–2PM)
- 16 Commencement

January

- 11 Therapeutic Massage Certificate Program (January–July)
- 18–20 Dental Hygiene Board Review Course

February

- 25 COHS Job Fair (10AM–2PM)
Dental Hygiene Winter Conference

*Professional Continuing Education Courses are listed in green.

